BATIKING
Join a talented Global Mamas’ batiker in her workshop to create your own two yards of traditional batik fabric!
Where: Cape Coast
Cost: ~US$16 each for 3+ people, $18 each for 2 people, $21 for 1 person

HEAD WRAPPING
Join Auntie Nana to learn an array of Gele head wrapping styles! Choose 2 yds of fabric to take home.
Where: Cape Coast
Cost: ~US$11 each for 3+ people, ~$13 each for 2, ~$16 for 1 person

DRUMMING & DANCING
Experience West African drumming & dancing in an outdoor classroom. You’ll learn songs and how to use a ‘talking drum’.
Where: Cape Coast (Not offered on Wednesdays)
Cost: ~US$11 each for 3+ people, ~$13 each for 2 people (min 2 people)

COOKING - CUISINE
You will create several West African traditional dishes in Esi’s kitchen, then enjoy eating the feast you’ve helped prepare!
Where: Cape Coast
Cost: ~US$11 each for 3+ people, ~$14 each for 2, ~$17 for 1 person

BEAD MAKING
Learn how to transform recycled glass into beautiful beads and make a bracelet of your own!
Where: Nuaso Krobo
Cost: ~US$11 each for 3+ people, ~$14 each for 2, ~$17 for 1 person

To book, call 0544-323-833 or email workshops@globalmamas.org
Learn more at www.globalmamas.org/Info/cultural-workshops